Importance of Dissolution and Drug Release Testing

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Outline

- Importance of Dissolution
- Biowaiver \rightarrow Reducing regulatory burden
- Progressive application of dissolution : Dissolution – BCS – BDDCS
- Drug Release Novel dosage form
- Product quality and product performance test
- Predictive drug dissolution / simulation
- Biorelevant Clinically Relevant to QC !!!
- Clinically relevant specifications → Patient-focused Quality Standards

Dissolution Test

- It is the most useful single physicochemical test for assessment of drug product quality and drug product performance
- To assess batch to batch quality
- The release specifications (QC test) allows batch release into the market place and assures product performance
- Functions as a signal of BioInequivalence

Dissolution Related Guidances

- IR Dissolution Guidance
- ER (IVIVC) Dissolution Guidance
- BCS (Waiver) Guidance
- General BA/BE Guidance
- SUPAC Guidances (IR, MR, SS)
- IR / HS drug substance / Dissolution Guidance
- Product Specific (draft) guidances with IVRT

http://www.fda.gov/cder/guidance/index.htm

Dissolution and Drug Release Tests

- General Chapters in USP
 - <701> Disintegration
 - <711> Dissolution
 - <724> Drug Release
 - <1092> The Dissolution Procedure: Development and Validation
 - <1094> Capsules Dissolution Testing and Related quality Attributes
 - <1724> Semisolid Drug products Performance Tests

Dissolution Guidance

 Provides recommendations on the development of dissolution / drug release test methodology, approaches for setting specifications and the regulatory applications

 Provides methods for dissolution profile comparison and indications as to when dissolution is sufficient for biowaivers

Dissolution Test

 Mild enough to detect manufacturing and process variables that may affect in vivo performance of the product

Should not be overly discriminative

• Basket (100 rpm) or Paddle (50-75 rpm) in 500-1000 mL of aqueous medium

Use of surfactant with justification

New and Generic Medicines

- New Medicines (NDA)
 - Based on the experience gained during the drug development process and in vivo performance of appropriate test batches
 - Based on acceptable clinical, pivotal bioavailability and/or bioequivalent batches
- Generic Medicines (ANDA)
 - Generally the same as first entry (pioneer) drug product
 - Based on the acceptable bioequivalent batch

Dissolution Specifications Immediate Release Drug Products

- Single Point
 - For routine quality control test
- Two Points
 - For characterizing the quality of the drug product (also for use as a QC test)
- Profile
 - Profile comparison for granting biowaivers
 For accepting product "sameness" under scale-up and post-approval changes

Dissolution of Poorly Water Soluble Drugs in Oral Dosage Forms

Use of Surfactants with Justification (Lowest amount of surfactant must be used)

Dissolution – Gelatin Capsules

- Capsules Pellicle formation due to cross linking
- Use and selection of enzyme (2nd tier) based on pH of the dissolution medium (dm)
- Dissolution medium with pH equal or below 4.0
 Enzyme pepsin activity of NMT 750,000 U/L of the dm.
- Dissolution medium with pH above 4.0 and below 6.8.
 Enzyme papain activity of NMT 550,000 U/L of the dm or bromelain activity of NMT 30 GDU/L of dm.
- Dissolution medium with pH equal or above 6.8. Enzyme: pancreatin activity of NMT 2000 U/L of the dm.
- Pre-soaking with enzyme if surfactant is in the dm.

Extended Release Drug Products

• **Profiles**

- In multimedia, different pHs
- Influence of agitation
- Specifications
 - Profiles with at least 3 to 4 points
 - Range of dissolution at all points
 - Time: 1 or 2 Hrs, around 50 % dissolution and around 80% dissolution

Progressive Application of Dissolution

Dissolution

Quality Control

SUPAC

Biowaiver

 $BCS \rightarrow BDDCS$

Progressive Application of Dissolution and Related Concepts



Ref: VP Shah, J Pharm Sci. 102: 2895-7, 2013.

Dissolution

- Dissolution testing remains one of the pharmaceutical industry's most straight forward, least expensive QC tools to assure product performance.
- Dissolution test distills all the information that is known about the performance of a pharmaceutical product in a laboratory setting.
- Research is now focused on ways to extend and improve IVIVC and make real-time release testing reality.
- Research in computer simulation, PBPK modeling and predictive in vivo dissolution is on the rise.

Dissolution Related Guidance

FDA Guidance for Industry:

- Waiver of In Vivo Bioavailability and Bioequivalence Studies for Immediate-Release Solids Oral Dosage Forms based on a Biopharmaceutics Classification System. December 2017
- Dissolution Testing and Acceptance Criteria for Immediate-Release Solid Oral Dosage Form Drug Products Containing High Solubility Drug Substances. August 2018.

Dissolution Guidance (IR HS Drug Substance)

- IR products with highly soluble drug substance
- Standard release test and criteria may be used in lieu of extensive method development and acceptance criteria-setting exercises.
- Establishes standard dissolution methodology and acceptance criteria for highly soluble drug substances
- No requirement to show discriminatory ability of the dissolution method for drug products with HS drug substance
- Follow BCS guidance to establish that the drug product contains highly soluble drug substance.
- Replaces draft dissolution guidance (for BCS 1,3) of Aug 2015.
- Drug substances that are not highly soluble, follow the recommendations in August 1997 dissolution guidance.

Dissolution Guidance (IR HS Drug Substance)

- Applicable to solid orally administered IR drug products such as tablets and capsules.
- Not applicable for orally disintegrating tablets (ODT)*
- Not applicable to sublingual dosage form*
- Not applicable to NTI drugs
- May be applicable to chewable tablets if the dissolution studies are conducted on the intact tablets and the product meets the conditions described in the guidance.

* This guidance can be applicable, if the absorption from the oral cavity can be ruled out.

Dissolution Guidance (IR HS Drug Substance)

Standard Dissolution Testing Conditions

- Basket Method (USP apparatus 1)
 - Stirring rate = 100 rpm
 - 500 ml. of 0.1N HCl in aqueous medium (900 ml with justification
 - No surfactant in medium
 - $37 \pm 0.5^{\circ}C$
- Paddle Method (USP apparatus 2)
 - Stirring rate = 50 rpm (75 rpm with justification)
 - 500 ml. of 0.1N HCl in aqueous medium (900 ml with justification)
 - No surfactant in medium
 - $37 \pm 0.5^{\circ}C$
- Dissolution Acceptance Criteria
 - Q = 80% in 30 minutes

Dissolution Based Biowaivers

Conventional Release Products

 Lower strengths, proportional formulations, dissolution profile comparison, f₂
 Drug products with highly soluble drug substances (BCS)

Extended Release Products

- Lower strengths, proportional formulations and same release mechanism
- Beads in a capsule Profile comparison in one medium

- Tablets - Profile comparison, pH 1.2, 4.5, 6.8

Pharmaceutical Dosage Forms

- Traditional solid oral dosage forms → dissolution test e.g., tablets, capsules, suspensions
- Novel dosage forms → In vitro release test e.g., transdermal, semisolids, liposomes, stents, implants, inhalation products,

Dosage Form Tests

• Product Quality Test

Intended to assess attributes such as assay, content uniformity, pH, minimum fill, microbial limits

Product Performance Test

Designed to assess product performance and in many cases relates to drug release from the dosage form.

Pharmaceutical Dosage Forms

- Oral Dissolution test
 - Tablets, capsules, suspension
- Topical Drug release test
 Semisolids: cream, ointment, gel
- Parenteral Drug release test
 - Liposomes, microspheres, emulsion
- Mucosal Drug release test
 - Suppositories, medicated gum
- Inhalation Particle size distribution and dissolution (!)

Dosage Form Taxonomy (USP)

Route of Administration	Intended site of release	Dosage Form Examples	Dosage Form Quality Tests	<u> </u>
Parenteral	Body tissues and fluids	Injectables, Liposomes, micro and nano particles, implants, stents	<1>	<1001>**
Oral	Gastro intestinal tract	Tablets and capsules, liquids	<2>	<701>, <711>
Topical / Transdermal	Skin	Semisolids, TDS	<3>	<724>, <1724>
Mucosal	Mouth, eye, ear,	Films, tablets, liquids,	<4>	<1004>**
(Local or Systemic)	rectum, vagina, intra-uterine	suspensions, suppositories		
Inhalation	Nasal cavity,	Liquids, aerosols,	<5>	<601>, <602>,
	lung	powders		<603>, <604>, <1601>

Role of Dissolution Testing in Regulating Pharmaceuticals

- Increasingly, in vitro dissolution testing is relied on to assure product performance.
- An appropriate dissolution test procedure is a simple and economical method that can be utilized effectively to assure acceptable drug product quality.
- Appropriate dissolution test can be used as a surrogate marker for BA/BE.

Moving on ... in the Field of Dissolution Testing

- Workshop Report: Dissolution / In vitro release testing of novel / Special dosage forms: CK Brown et. al, AAPS PharmSciTech: Vol 12 (2), 782-794, 2011
- Workshop Report: Biorelevant in vitro performance testing of orally administered dosage forms: C Reppas et.al. *Pharm Res. 31:1867-1876, 2014.*
- Clinically relevant dissolution specs PB/PK modeling/DT
- Predictive dissolution / simulation to assure therapeutic efficacy and safety biopredictive dissolution testing
- QbD/Design Space critical product attributes

Oral drug products BCS			Topical drug products TCS		
High Permeability	High Permeability	A	Q1, Q2 Same	Q1, Q2 Same	
High Solubility	Low Solubility		Q3 Same	Q3 Different	
BCS class 1	BCS class 2		TCS class 1	TCS class 2	
Low Permeability	Low Permeability	/	Q1, Q2 Different	Q1, Q2 Different	
High Solubility	Low Solubility		Q3 Same	Q3 Different	
BCS class 3	BCS class 4		TCS class 3	TCS class 4	
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Biowaiver	BE		Biowaiver	BE	

Ref.: Shah, V.P., et al, Int J Pharm. 509: 35-40, 2016

Importance and Role of Dissolution Testing

- Increasingly in vitro dissolution testing is relied on to assure product performance
- An appropriate dissolution test procedure is a simple economical method that can be utilized effectively to assure acceptable drug product quality.

Conclusions

• Dissolution test has emerged as a most useful physicochemical test for assessment of drug product performance.

• Dissolution test is a biowaiver tool for reducing regulatory burden and maintaining drug product quality.

Thank You for Your Attention