

# The use of Saliva instead of Plasma as a Surrogate in Drug BA/BE and TDM Studies in Humans

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جامعة البترا



# *Outline*

- **Introduction**
- **Objectives**
- **Design & Methods**
- **Results & Discussion**
- **Conclusions**
- **Acknowledgements**

# Introduction



- Salivary excretion of some drugs has been reported previously as a good indicator for drug bioavailability, therapeutic drug monitoring, pharmacokinetics and also drug abuse.
- Saliva sampling offers simple, fast, non-invasive and cheap method as compared with plasma sampling with no contamination risk.
- The role of plasma protein binding on salivary excretion has been widely discussed.



# Previous screened drugs

(Saliva and plasma mean (%CV) pharmacokinetics)

Drug	AUC <sub>0→t</sub> (ng/ml h) SALIVA	C <sub>max</sub> (ng/ml) SALIVA	T <sub>max</sub> (h) SALIVA	Half life (h) SALIVA	AUC <sub>0→t</sub> (ng/ml h) PLASMA	C <sub>max</sub> (ng/ml) PLASMA	T <sub>max</sub> (h) PLASMA	Half life (h) PLASMA
Cinacalcet	23.2 (123)	10.3 (145)	2.3 (137)	2.59(51)	97.4 (50)	15.0 (29)	1.3(88)	4.65(23)
Sitagliptin	592 (57)	111 (75)	6 (0)	2.98(4)	3717(56)	585(72)	1.5 (0)	6.19(23)
Diacerhin	NSE	NSE	NSE	NSE	22724(53)	5748 (20)	2.3 (53)	4.1(27)
Tolterodine	2.47 (48)	1.11 (69)	1.22 (69)	1.88(27)	11.75 (95)	3.60 (50)	0.8 (33)	1.98(40)
Losartan	NSE	NSE	NSE	NSE	1405(49)	610(79)	1.75(2)	2.38(18)
HCT	265 (16)	89.6 (70)	2.39 (28)	5.2(8)	646(32)	113(34)	2.14(34)	3.9(25)
Tamsulosin	NSE	NSE	NSE	NSE	176(46)	6.3(38)	5.7(61)	38(16)
Montelukast	NSE	NSE	NSE	NSE	2690(44)	395(37)	3.2(38)	4.7(28)
Lornoxicam	NSE	NSE	NSE	NSE	2063(35)	587(24)	2.0(37)	3.9(27)
Metformin	990 (38)	166 (46)	4.1 (68)	4.2(40)	8711 (14)	1392(18)	1.8 (55)	2.7(6)
Cloxacillin	31518(111)	36620(76)	0.58(25)	0.66(79)	17859(24)	14051(27)	0.58(49)	1.22(3)
Azithromycin	5624 (49)	2263 (82)	4.33 (66)	--	1003(36)	134(42)	4.2(28)	--
Rosuvastatin	23.4 (95)	4.19 (94)	4.5 (40)	4.3(31)	279(60)	24.9(56)	4.3(24)	5(20)

# Salivary Excretion Classification System (SECS)

Parameter	$P_{\text{eff}}$	$f_u$	Salivary excretion
<b>Class</b>			
<b>Class I</b>	<b>High</b>	<b>High</b>	<b>Yes</b>
<b>Class II</b>	<b>Low</b>	<b>High</b>	<b>Yes</b>
<b>Class III</b>	<b>High</b>	<b>Low</b>	<b>Yes</b>
<b>Class IV</b>	<b>Low</b>	<b>Low</b>	<b>No</b>

Mol Pharm. 2012 Aug 6;9(8):2358-63



# Previous screened drugs

(Simcyp optimized  $P_{eff}$ )

Drug	Log P	fu	$P_{eff} \times 10^{-4}$ (cm/sec)	Fa	SECS Class
Cinacalcet	5.7	0.03	44.16	1.00	III
Sitagliptin	1.3	0.62	13.75	1.00	I
Tolterodine	5.77	0.37	10.74	0.99	I
Losartan	4.36	0.01	1.11	0.75	IV
HCT	-0.02	0.33	0.16	0.18	II
Tamsulosin	2.14	0.01	0.71	0.58	IV
Montelukast	5.8	0.01	1.13	0.75	IV
Lornoxicam	0.77	0.1	0.39	0.38	IV
Metformin	-1.82	0.99	1.44	0.83	II
Cloxacillin	2.83	0.05	10.04	0.99	III
Azithromycin	3.33	0.71	29.74	1.00	I
Rosuvastatin	0.42	0.1	32.15	1.00	III
Diacerhein	3.13	0.01	0.84	0.65	IV

# Objectives



- \* Compare & correlate BA/BE or TDM parameters of 10 selected drugs based on SECS calculated from saliva samples with those from plasma samples.
- Suggest saliva matrix instead of plasma as a surrogate in such studies.

# Study Design & Methods

- **1. Clinical Part:**
- **6 BE pilot studies** of paracetamol, metformin, rosuvastatin, HCT/valsartan, azithromycin and tolterodine on 12-18 health humans were conducted under fasted state as per the ICH, GCP, and Helsinki declaration guidelines after CROs IRB and Jordan FDA approvals.
- **3 TDM studies** of tacrolimus (Jordan University Hospital), pregabalin (Islamic Hospital) and mycophenolate (RMS- Queen Rania Pediatric Hospital) were done on Jordanian patients after hospitals IRB approvals.
- **1 ADME pilot** study of paracetamol in saliva was done at high altitude.
-



# Study Design & Methods

## 2. Analytical Part:

All samples were deep freezed until assayed by validated LC-MSMS assay methods.

## 3. Data Analysis Part (pharmacokinetics):

Saliva and plasma primary PK parameters (AUC,  $C_{max}$ ,  $T_{max}$ ) were calculated by non-compartmental analysis (NCA) using Kinetica or Winnonlin programs.

## 3. Data Analysis Part (TDM):

Statistics for Saliva and plasma TDM parameters ( $C_{max}^{ss}$ ,  $C_{min}^{ss}$ ) were calculated by Excel.

# Study Design & Methods

## 3. Data Analysis Part (absorption kinetics):

Absorption kinetics and effective intestinal permeability ( $P_{\text{eff}}$ ) values were estimated by Nelder-Mead algorithm of Parameter Estimation module using SimCYP or PK-Sim programs.

- This was done by searching for the **best parameter values that produce plasma concentration that matches the actual plasma concentration at the same time.**
- The objective function is the weighted sum of squared differences of observed and model predicted values.
- Physicochemical factors used in calculations such as LogP, MW and  $f_u$  were obtained from literature and were kept constant during the minimization processes.

# Study Design & Methods



## 3. Data Analysis Part (Dimensional Analysis):

$$AUC^* = \text{saliva } AUC_t / \text{plasma } AUC_t$$

$$T_{\max}^* = \text{saliva } T_{\max} / \text{plasma } T_{\max}$$

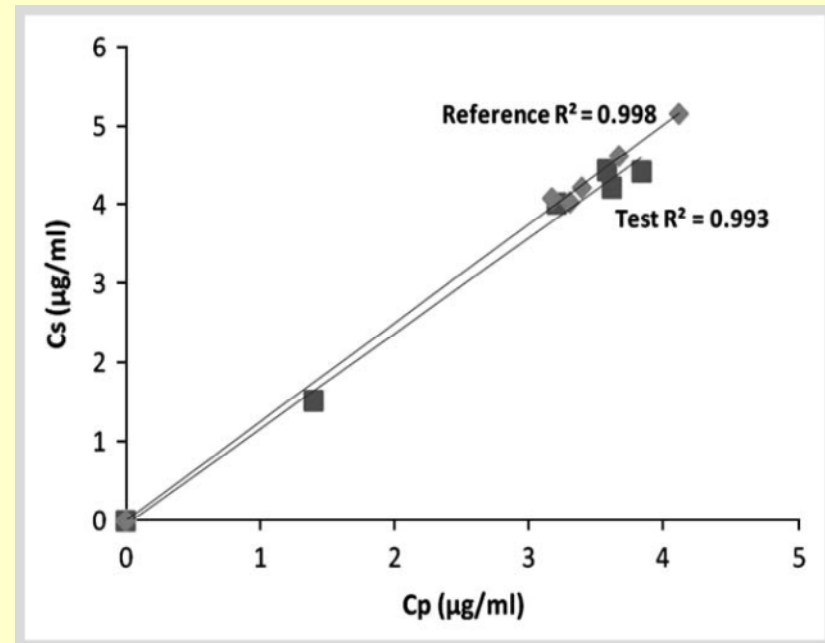
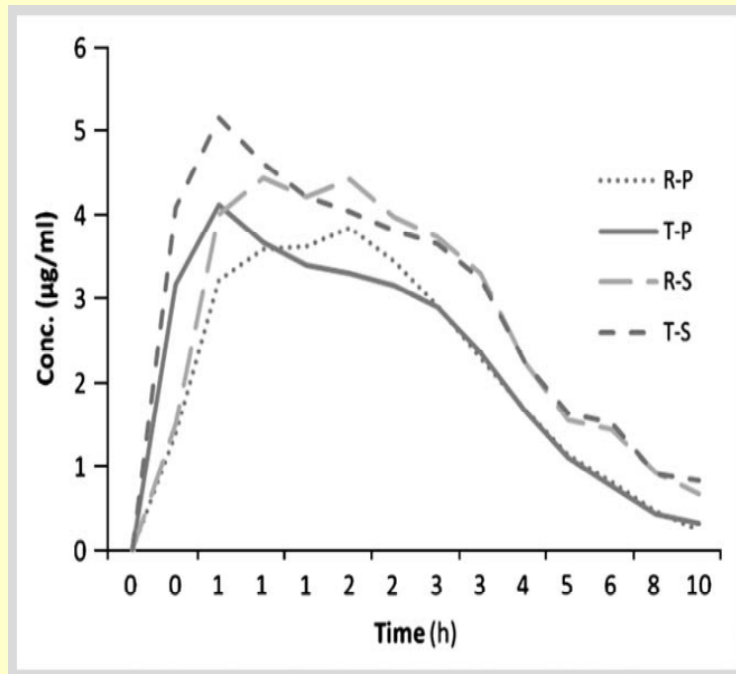
$$C_{\max}^* = \text{saliva } C_{\max} / \text{plasma } C_{\max}$$

$$C^* = \text{Saliva Concentration} / \text{Plasma Concentration} = C_s / C_p$$

$P_{\text{eff}}^*$  = dimensionless effective permeability =  $(R \cdot P_{\text{eff}}) / D$   
, where D is drug diffusivity and R is intestinal radius.

## BA/BE RESULTS

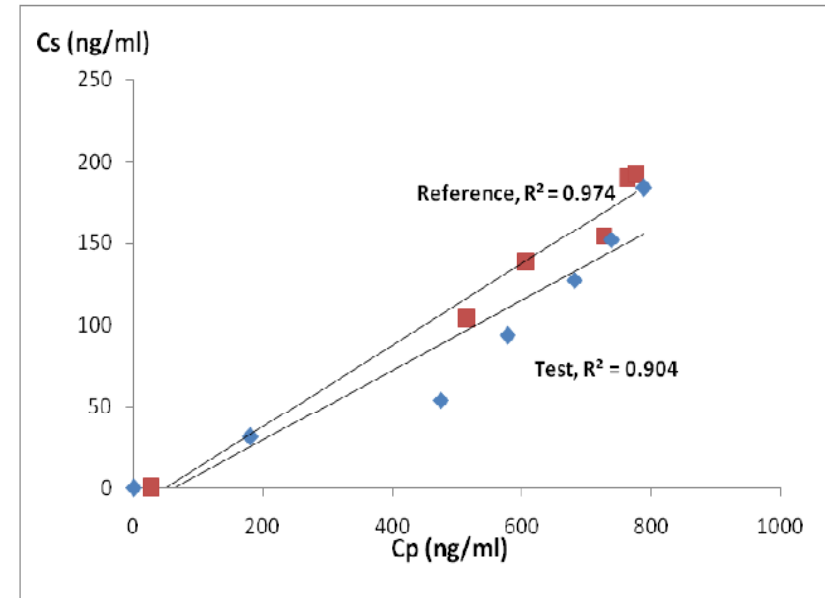
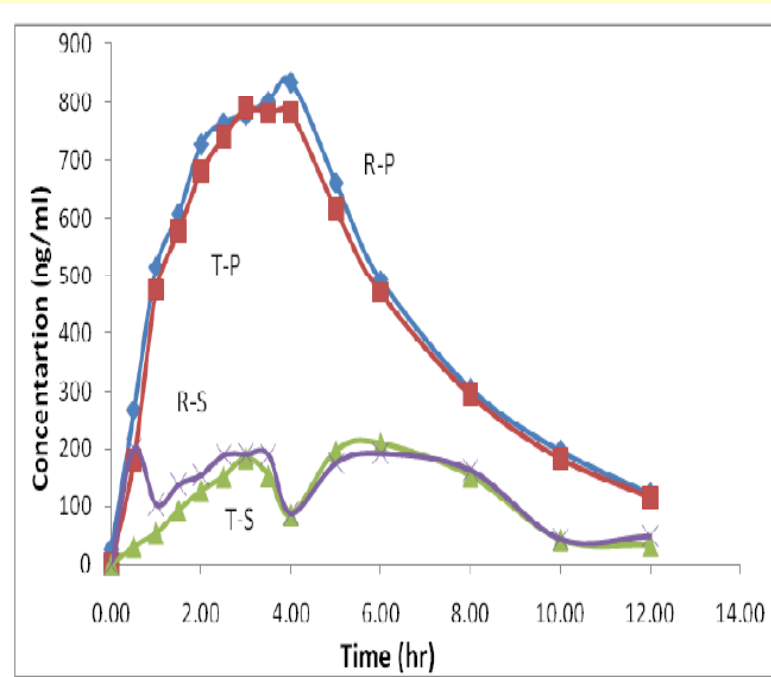
### Paracetamol plasma and saliva mean profiles & correlations



Drug Res (Stuttg). 2014; Nov;64(11): 559–562

## BA/BE RESULTS

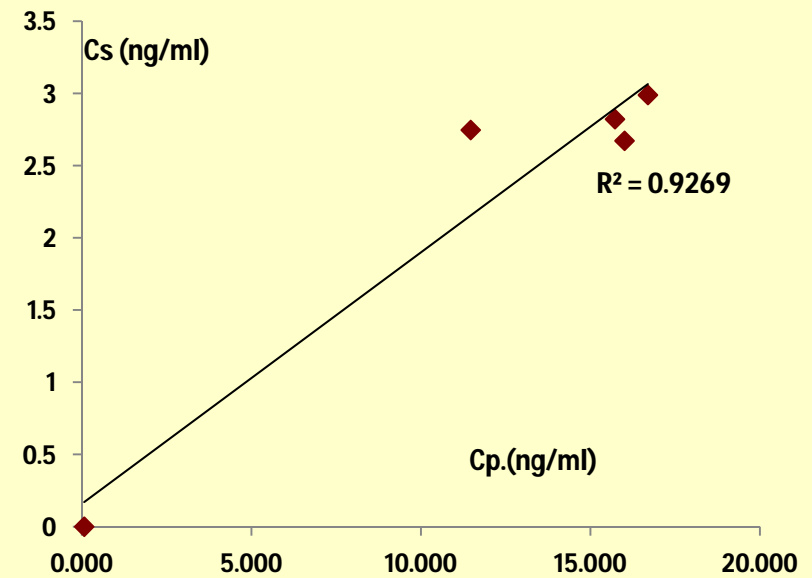
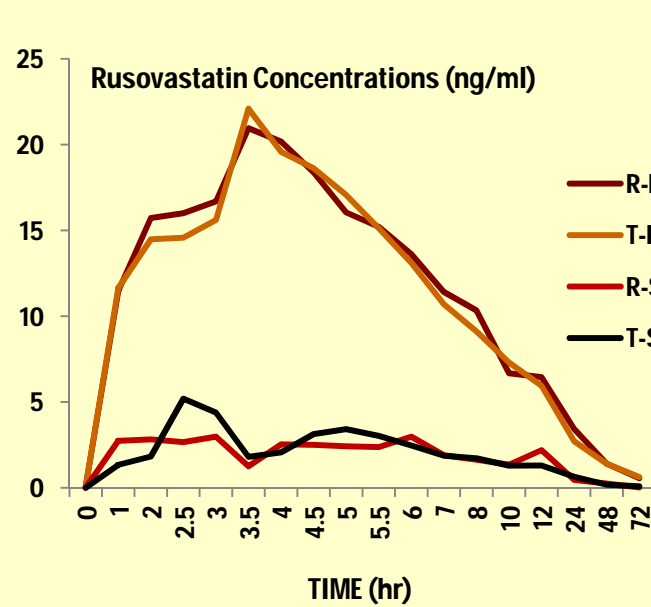
### Metformin plasma and saliva mean profiles & correlations



Drug Res (Stuttg). 2014 Nov;64(11):599-602

## BA/BE RESULTS

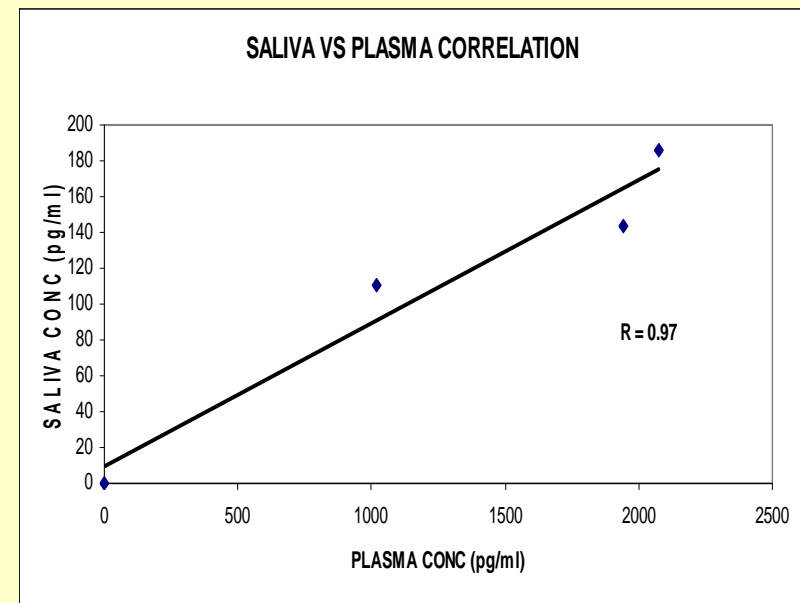
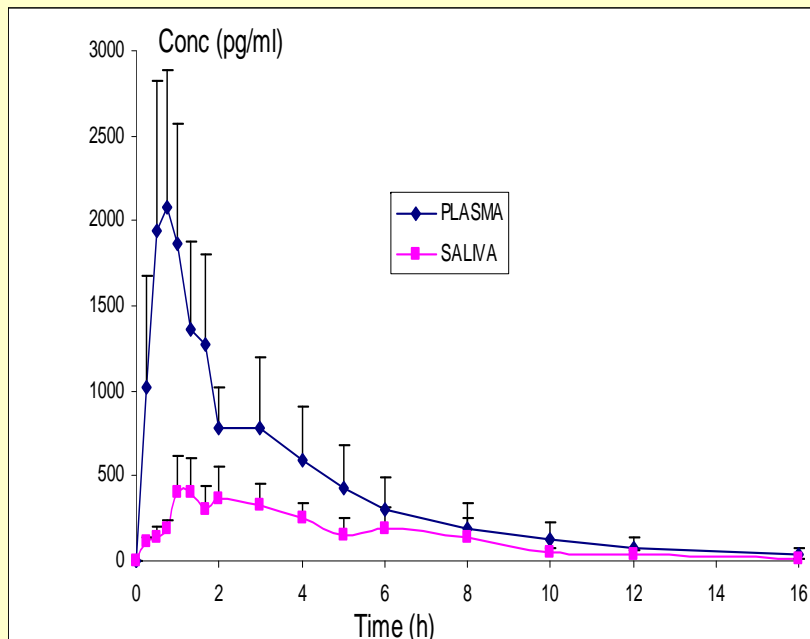
### Rosuvastatin plasma and saliva mean profiles & correlations



Drugs R&D. 2015 Mar;15(1):79-83.

## BA/BE RESULTS

### Tolterodine plasma and saliva mean profiles & correlations

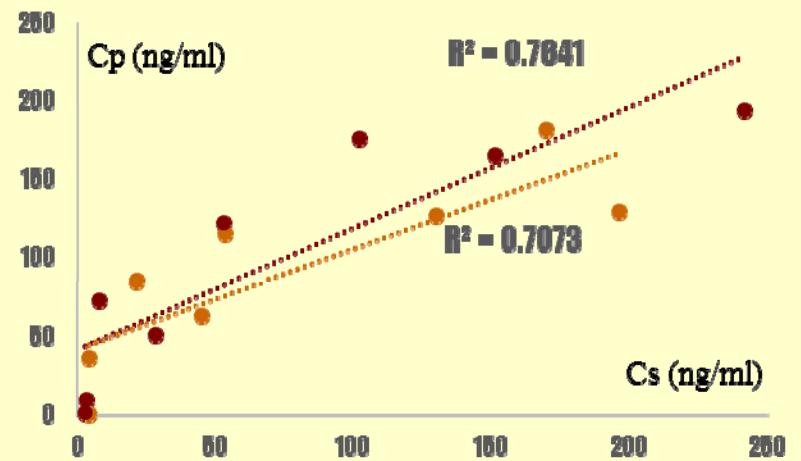
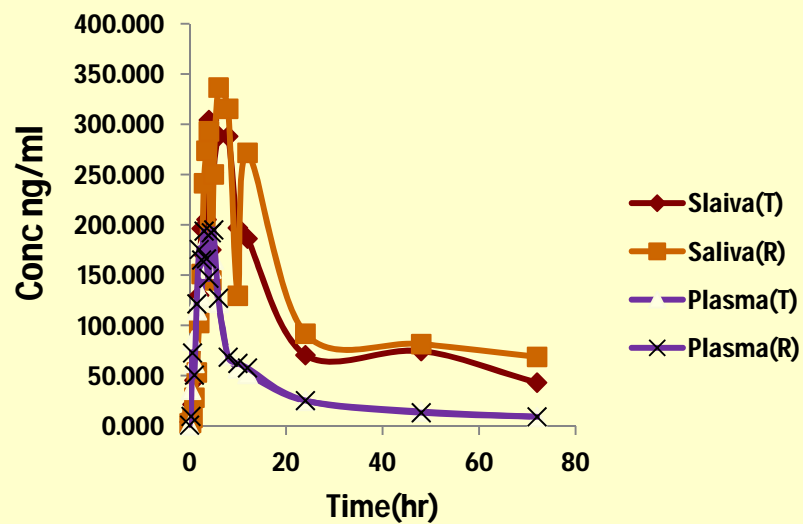


Drug Res (Stuttg). 2016 Jun;66(6):312-5

## BA/BE RESULTS

### Azithromycin plasma and saliva mean profiles & correlations

**Azithromycin concentrations**



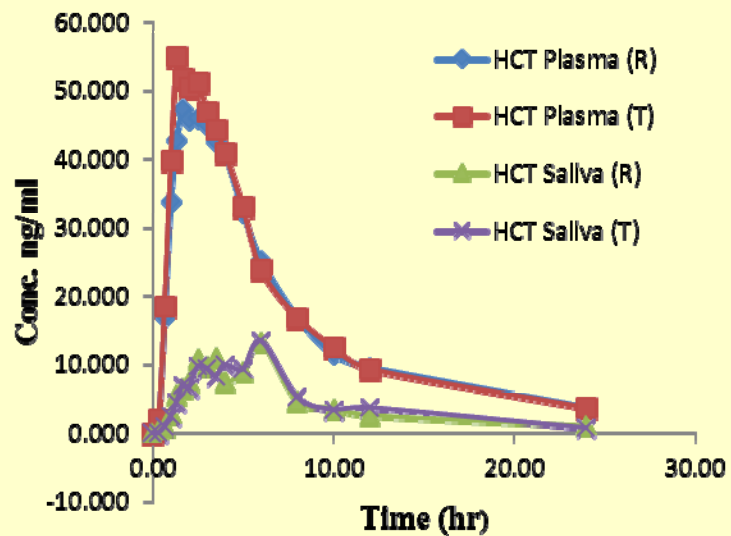
Drugs R&D. 2017 Mar;17(1):219-224



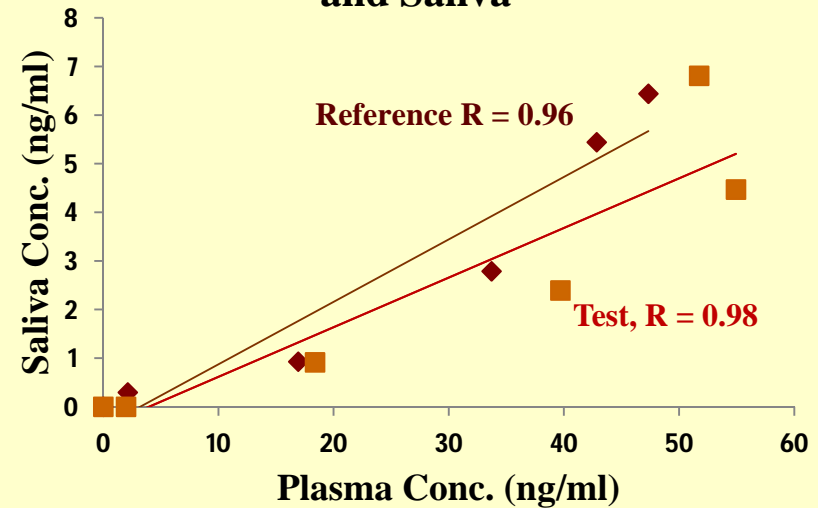
## BA/BE RESULTS

### HCT plasma and saliva mean profiles & correlations

**HCT Plasma and Saliva  
Mean Conc.**



**Correlation between HCT Plasma  
and Saliva**



Drug Res (Stuttg). 2018 Jan;68(1):54-59

## BA/BE RESULTS

### Saliva / Plasma: Dimensional Analysis

Drug (SECS Class)	HCT (II)	Azithromycin (I)	Tolterodine (III)	Paracetamol (I)	Metformin (II)	Rosuvastatin (III)
AUC*	0.25	3.37	0.42	1.36	0.27	0.17
Cmax*	0.38	1.57	0.34	1.14	0.38	0.35
Tmax*	2.05	2.86	2.37	1.47	1.29	1.47
C*	0.22	2.33	0.34	1.46	0.39	0.18

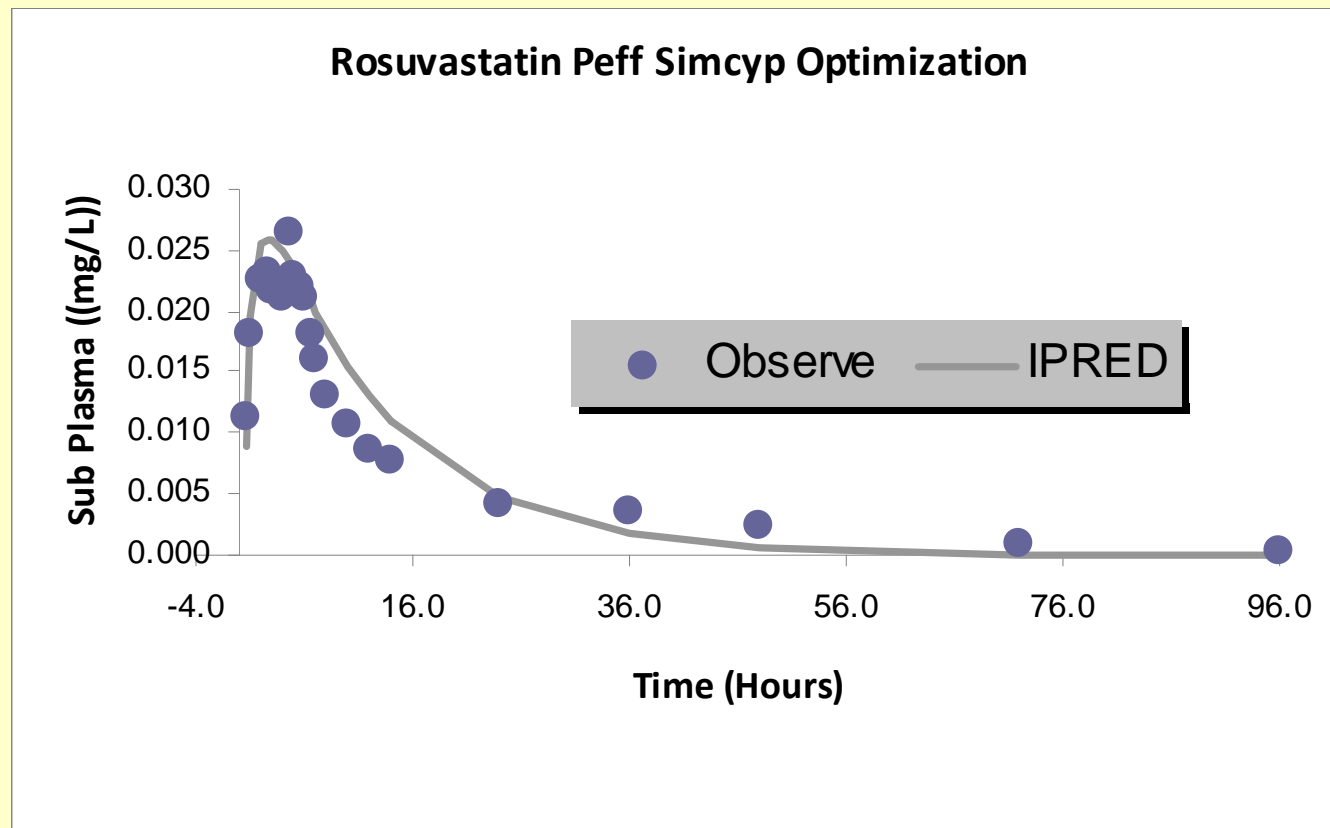
# BA/BE RESULTS

## Saliva vs Plasma: Statistical Metrics

<b>Matrix</b>	<b>Plasma</b>	<b>Plasma</b>	<b>Saliva</b>	<b>Saliva</b>
<b>Parameter</b>	<b>ISCV</b>	<b>N</b>	<b>ISCV</b>	<b>N</b>
<b>HCT</b>	<b>27</b>	<b>26</b>	<b>35</b>	<b>42</b>
<b>Azithromycin</b>	<b>52</b>	<b>84</b>	<b>52</b>	<b>84</b>
<b>Tolterodine</b>	<b>38</b>	<b>48</b>	<b>41</b>	<b>55</b>
<b>Paracetamol</b>	<b>25</b>	<b>24</b>	<b>46</b>	<b>68</b>
<b>Metformin</b>	<b>38</b>	<b>48</b>	<b>57</b>	<b>99</b>
<b>Rosuvastatin</b>	<b>46</b>	<b>68</b>	<b>48</b>	<b>73</b>

# BA/BE RESULTS

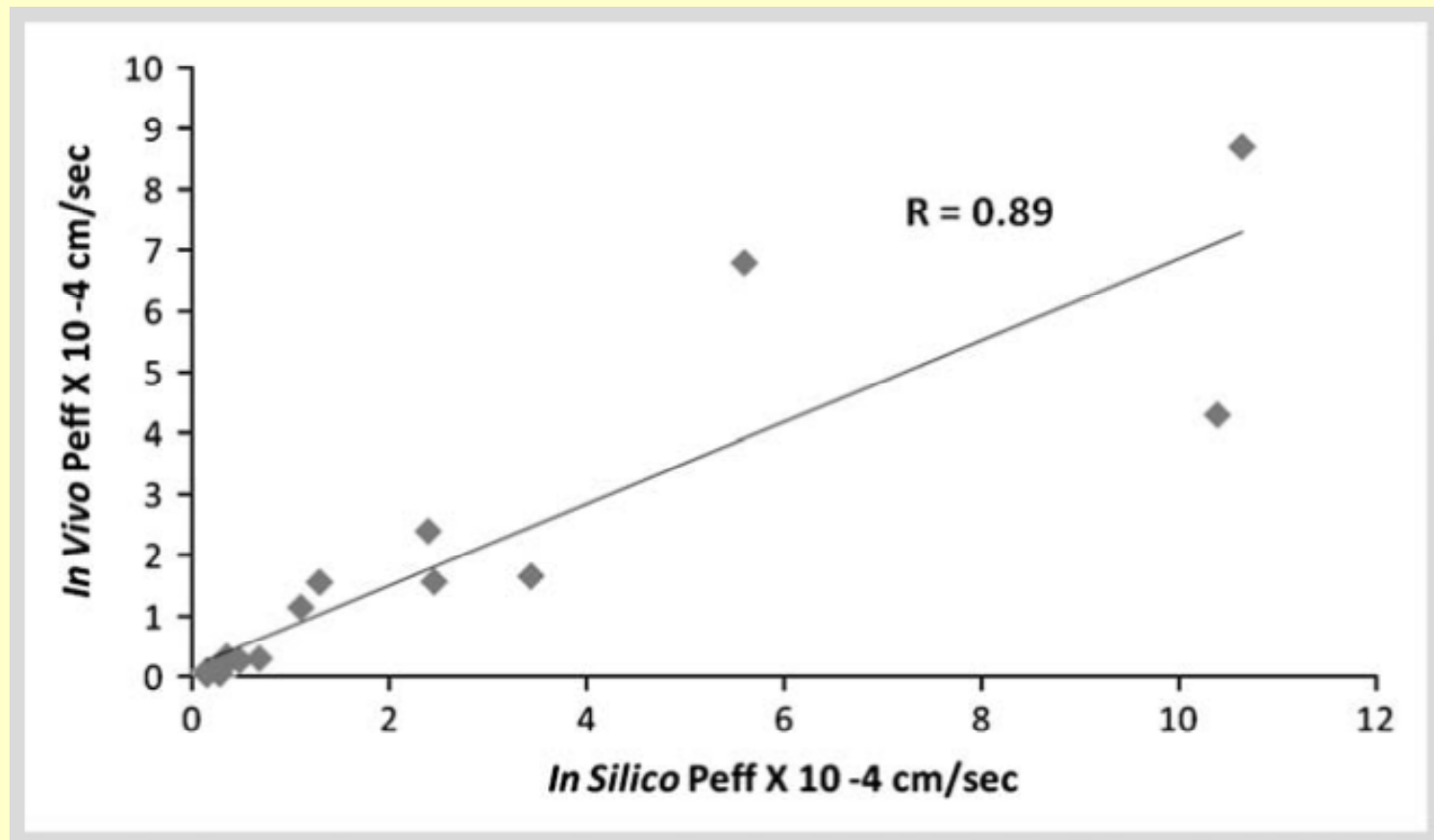
## Simcyp optimized $P_{eff}$



Drugs R&D. 2015 Mar;15(1):79-83.

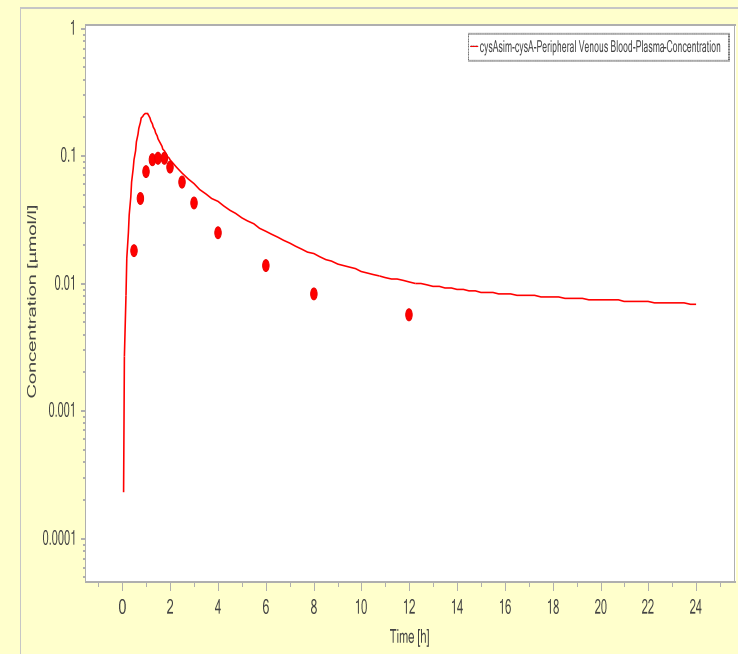
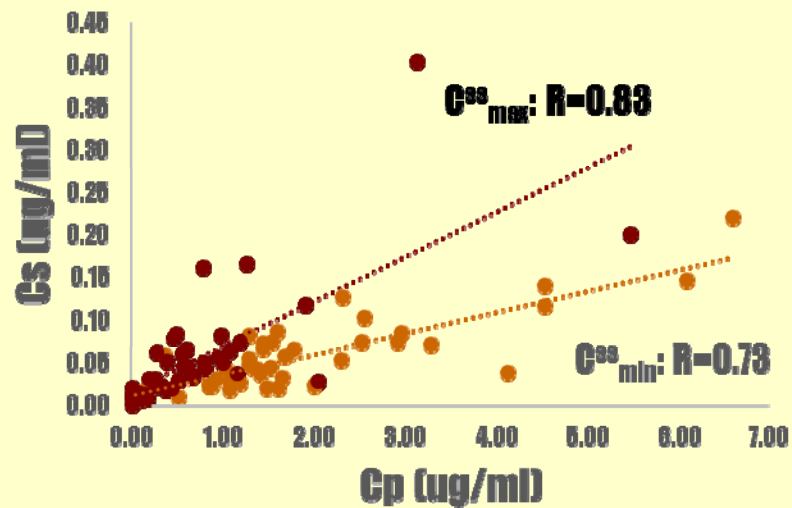
# BA/BE RESULTS

## Simcyp optimized $P_{eff}$



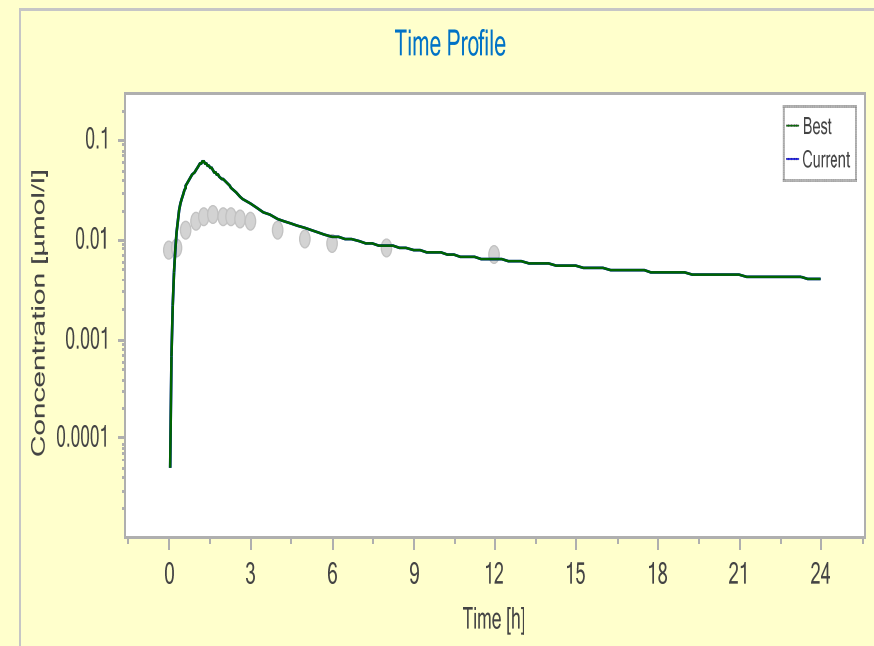
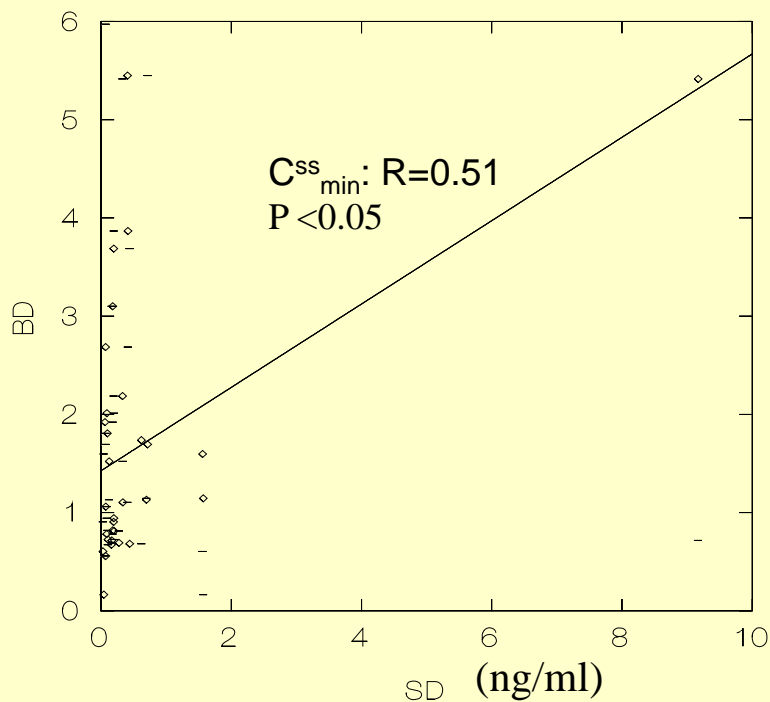
Drug Res (Stuttg). 2014 Dec;64(12):693-4

# TDM RESULTS: Pregabalin Saliva vs Plasma correlation & Pk-Sim Optimization



Drug Res (Stuttg). 2018 Apr 23

# TDM RESULTS: Tacrolimus Saliva vs Plasma correlation & Pk-Sim Optimization



*Accepted in: Novel Approaches in Drug Designing & Development, Sep 2018*

# TDM RESULTS

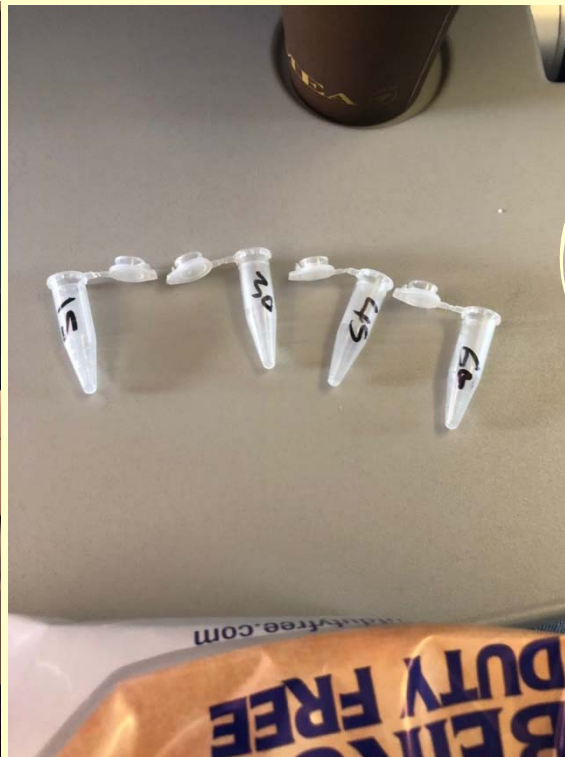
## Saliva vs Plasma: Therapeutic ranges

Drug (SECS Class)	Pregabalin (I)	Tacrolimus (III)	Mycophenolate (III)
$C_{min}^{ss}$ (CV%)	Plasma: 0.7 $\mu\text{g/ml}$ (135%) Saliva: 0.055 $\mu\text{g/ml}$ (133%)	Plasma: 2.73 -3.82 $\text{ng/ml}$ (18%) Saliva: 0.93-1.3 $\text{ng/ml}$ (72%)	Clinical phase
$C_{max}^{ss}$ (CV%)	Plasma: 1.84 $\mu\text{g/ml}$ (79%) Saliva: 0.145 $\mu\text{g/ml}$ (77%)	XXXX	



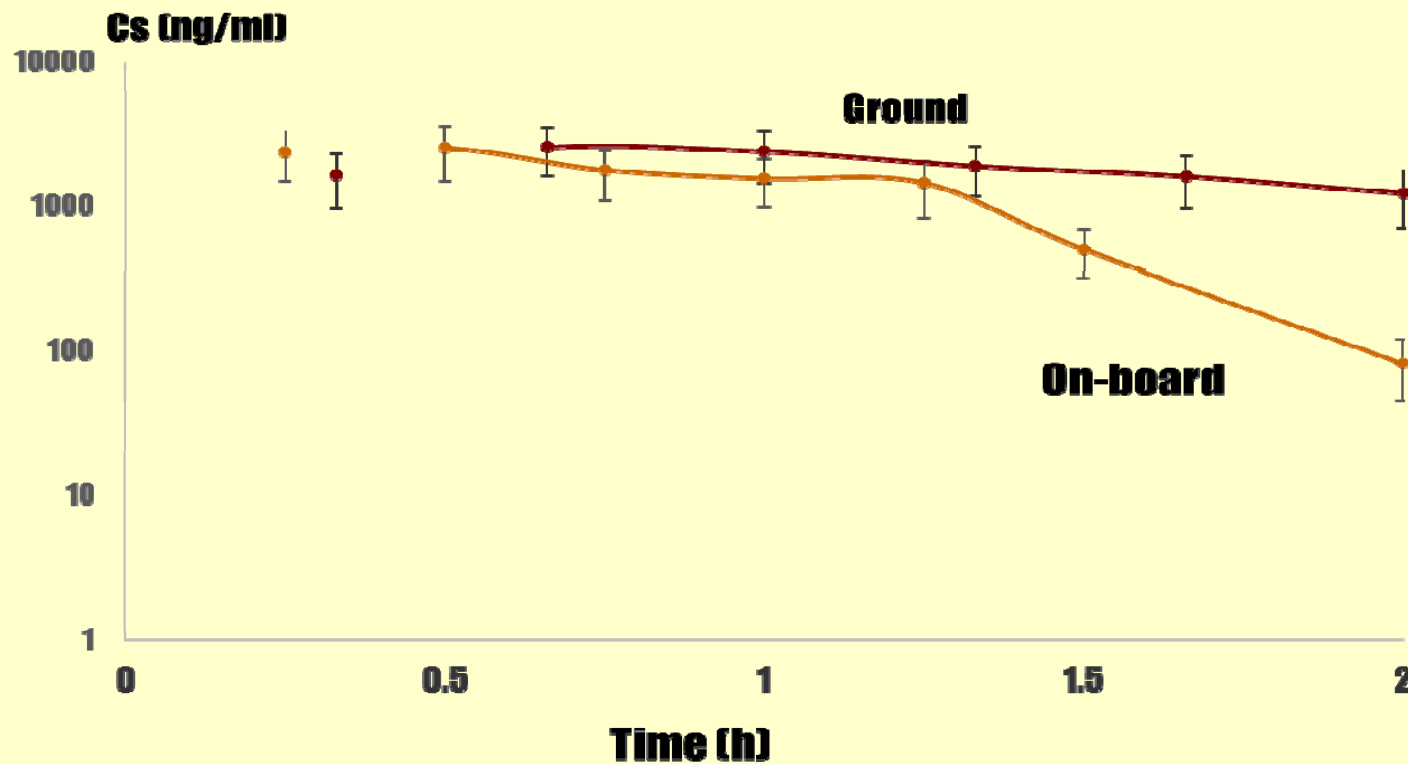
# ADME STUDY

## On-board vs Ground Early Exposure of Paracetamol



## ADME RESULTS

### On-board vs Ground: Paracetamol early exposure levels comparison



*Submitted to: High Altitude Medicine & Biology, Sep 2018*

# ADME RESULTS

## On-board vs Ground: Paracetamol early exposure levels comparison

Pharmacokinetic parameter	On-Board/ Ground Ratio	P-values
Ka	0.81	-
Pe <sub>eff</sub>	1.20	-
<b>AUC<sub>0</sub>→2</b>	<b>0.38</b>	<b>0.006</b>
AUC <sub>0</sub> →1	0.62	0.133
C <sub>max</sub>	0.79	0.268
T <sub>max</sub>	1.01	0.496
<b>MRT<sub>0</sub>→2</b>	<b>0.75</b>	<b>0.026</b>

# CONCLUSIONS

\* Saliva is considered an accessible biological matrix for drugs that fall into SECS classes I, II or III, and hence suggested to be used as a surrogate for BA/BE, TDM and ADME studies when all requirements are met.

\* **The use of saliva instead of plasma in such studies is more ethical** since being non-invasive, easy, with less clinical cost, less clinical staff and less clinical burden.

\*The proposed Salivary Excretion Classification System (SECS) can be used as a guide for drug salivary excretion.



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- ❧ **Petra University & Abdul-Hamid Shoman.**
- ❧ **Kinetica & Winnonlin programs are used under academic license from Innaphase & CERTARA respectively. SimCYP & PK-Sim programs are used under academic license from CERTARA & BAYER respectively.**
- ❧ **Hospitals: Islamic Hospital, Jordan University Hospital and Queen Rania Pediatric Hospital.**
- ❧ **Part of this line of research was short listed for SimCYP Most Informative Scientific Report Award 2012.**