

# FORMULATION STRATEGIES FOR LOW SOLUBLE DRUGS - AN OVERVIEW

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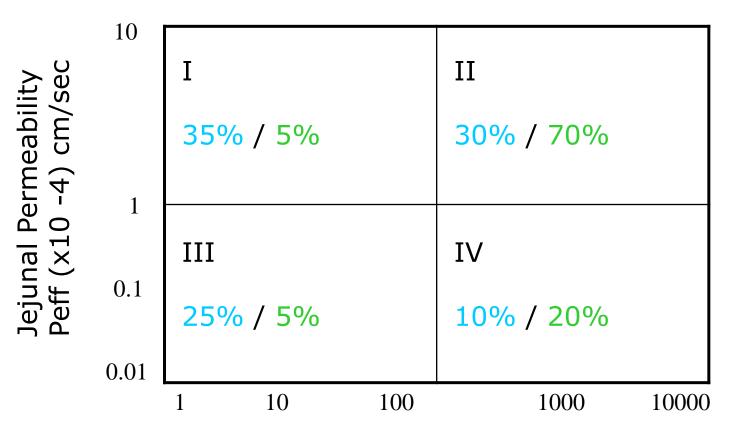
## **Presentation objectives**

- Provide a general overview of the formulation strategies available for low soluble compounds
- Describe the scientific fundament behind the formulation strategies
- Consideration of pro/con of the selected options



# BCS:

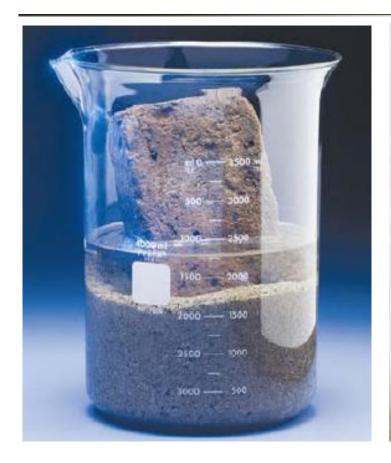
#### Blue: Marketed product; Green: Drug Candidates



"Solubility": Volume (ml) of water required to dissolve the highest dose at the lowest solubility in the pH 1-7.5 range

# The visual reality for pharmaceutical scientist in innovative industry

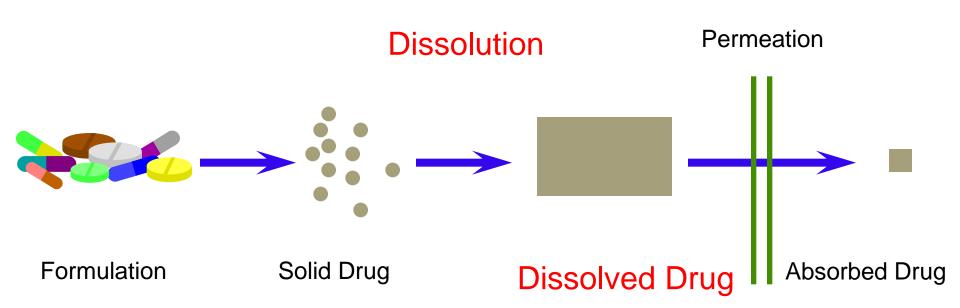






# Does this matter to drug absorption and formulation?









#### **Traditional Approaches**

- ★ Salts/cocrystals
- Solvents/co-solvent systems
- ★ Wetting agents
- ★ Emulsions
- ★ Micronization
- ★ Solid state modifications
  - ★ Polymorphs/ amorphours

#### Advanced approaches

- Solid dispersions
- ★ Microemulsions
- **★** SEDDS/SMEDDS
- ★ Complexation
- ★ Liposomes
- Nanoparticles



# Formulation strategies for insoluble drugs

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# Formulation strategies for insoluble drugs

#### **Traditional Approaches**

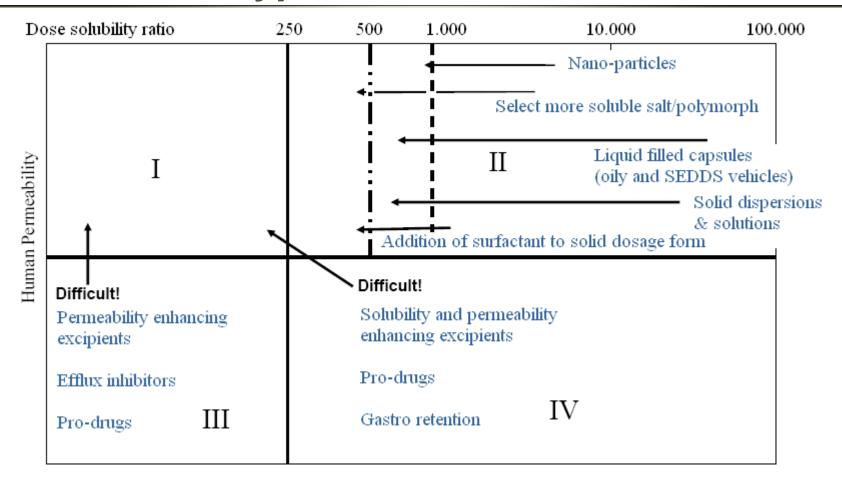
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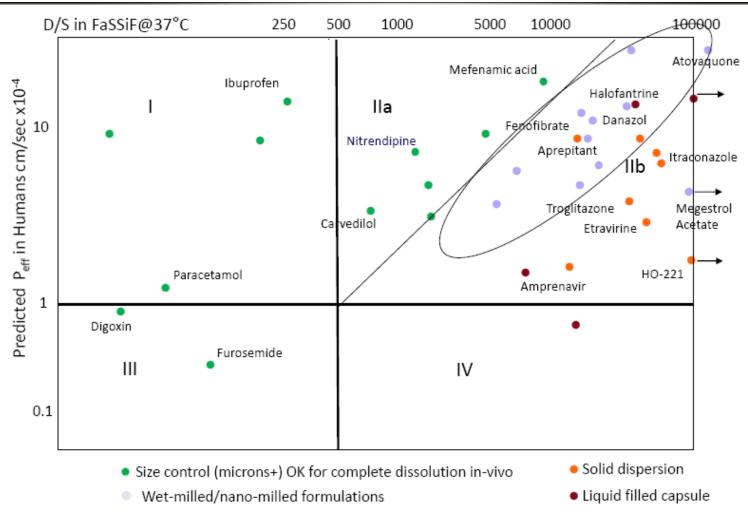


### Formulation types



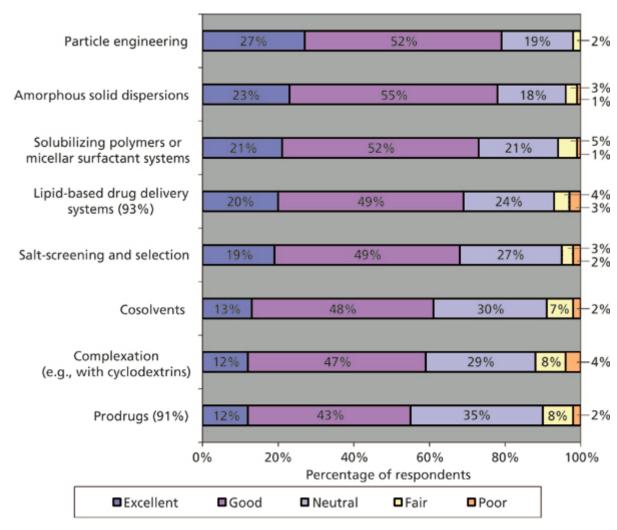


# DCS plot: Approximate position for selected drugs





# **Evaluation of strategies for addressing poor solubility**





## The solid form family picture









salt

solvate or hydrate

cocrystal

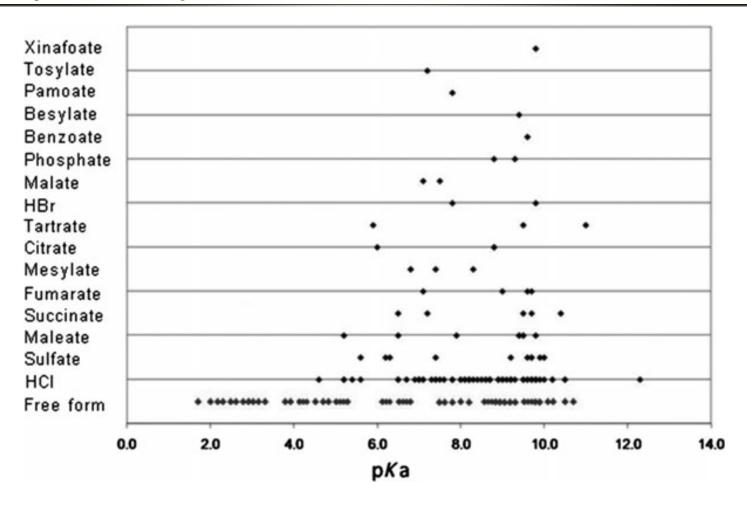
polymorph

$$=$$
 API



# pKa needed for salt formation?

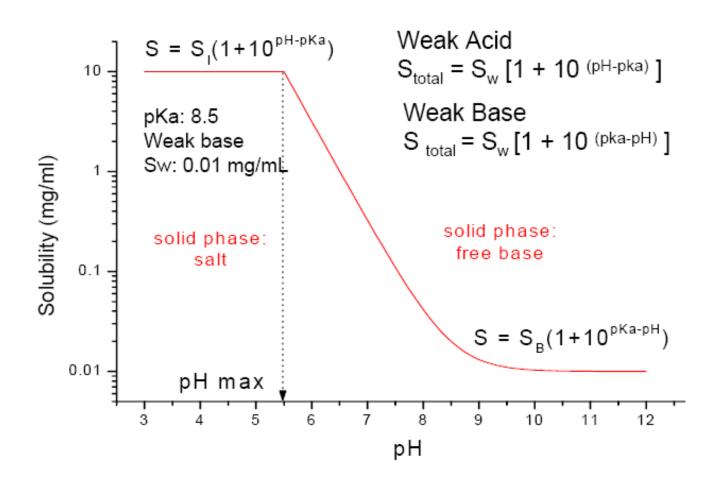
- survey of 203 compounds





# Lundbeck X

# Solubilisation of ionisable compounds





#### Significance of substance properties

#### - Biopharmaceutical

Property of drug subst.	Requirement	Indicator	Effect of salt form
In-vivo dissolution	Timely and complete dissolution of dose administered	<ol> <li>Solubility</li> <li>Dissolution rate (IDR)</li> </ol>	++
In-vivo permeation	Complete absorption of dose	<ol> <li>LogP</li> <li>Permeability in in vitro models</li> </ol>	1



#### Significance of substance properties

#### - Technical, 1

Property of drug subst.	Requirement	Indicator	Effect of salt form
Chemical stability in solid phase	Stable under isolation, purification and storage; compatability with pharmaceutical excipeients	Stability and compatability studies	+
Physical stability in solid phase	Manageable during pharmaceutical processing	Investigation of polymorphism and thermodynamic stability	++
Hygroscopi city	No change of hydration during storage and use	Water vapor sorption (DVS)	++



#### Significance of substance properties

#### - Technical, 2

Property of drug subst.	Requirement	Indicator	Effect of salt form
Corrosiven ess	Absent	Assesment of corrosiveness	++
Mechanical	Milling possible	<ol> <li>M.p. &gt;100°C</li> <li>Milling tests</li> </ol>	+
	Powder flow and compressibility	Specific pharmaceutical tests	+



## Frequence of counter-ion

Anion	% *)
Hydrochloride	54
Methansulphonate	10 **)
Hydrobromide	8
Acetate	5
Fumerate	5
Sulphate/Bisulphate	3
Succinate	3
Citrate	2
Phosphate	2
Malate	2
Others	6

\*) Data from Serajuddin, 2007; % is based on total number of anionic salts in late clinical phase (101 in total) 1995-2006

\*\*) Some controversity on the use of methansulphonate exits; please consult Elder et al. (2010), J.Pharm.Sci., 99(7) 2941-47, for another perspective



## Disadvantages of form slection

- ★ Greater MW baggage
  - ★ Significant issue for high dose compounds
- Reduced solubility/dissolution rate with HCl salts
  - ★ Common ion effect
- Some salts have higher hydrate or polymorph formation potential
- Impact on secondary processing
  - ★ Wet granulation impact on hydrate/anhydrate
  - ★ Spray drying can dissociate string acid salts
  - Wet milling can dissociate strong acid salts
  - HCI salts may cause corrosion of tooling



## Size reduction strategies

$$\frac{dX_d}{dt} = \frac{DS}{\delta} \cdot (C_S - \frac{X_d}{V})$$

Increases the available surface area for solubilisation

Changes the dissolution rate, not the solubility

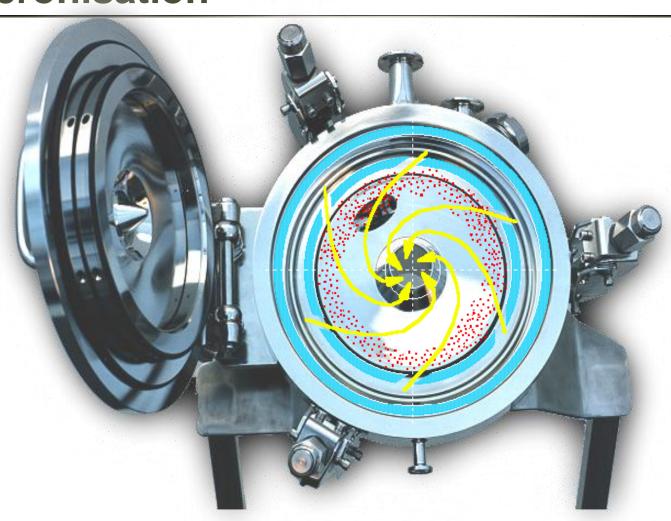


## Size reduction strategies

- Typical approaches:
  - Milling, typical d50 of app. 20 μm
    - ★ Used to de-lump and improve processability
  - Micronisation, typical d50 of app. 2 μm
    - ★ Used to enhance processability and improve dissolution performance
  - ★ Surface stabilised nano-particles, typical d50 of app. <1 μm
    - ★ Used to enhance exposure

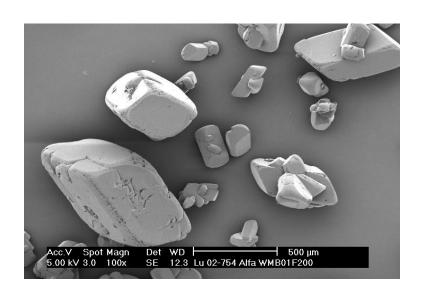


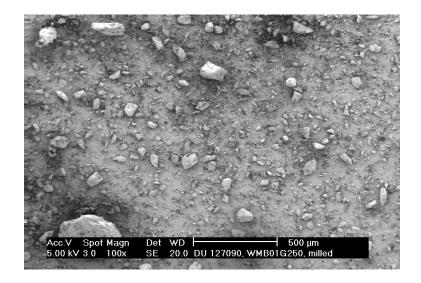
## **Micronisation**





#### **Micronisation**





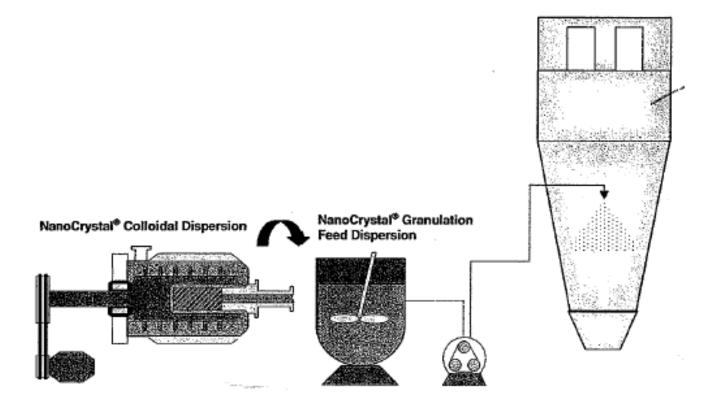
Surface area 0,05 m<sup>2</sup>/g Particle size  $X_{50\%}$  269  $\mu m$ 

Surface area 1,21 m<sup>2</sup>/g Particle size  $X_{50\%}$ 14,0 µm



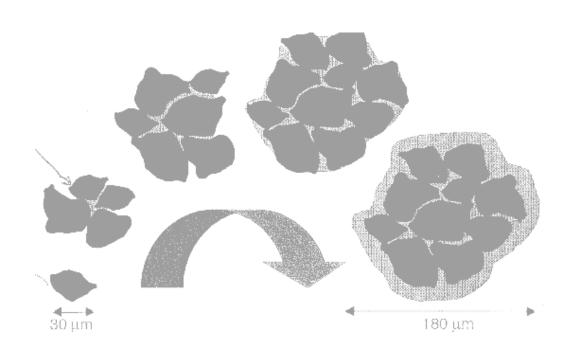
# NanoCrystals® - ELAN

★ A suspension is obtained by milling and sprayed onto carrier particles





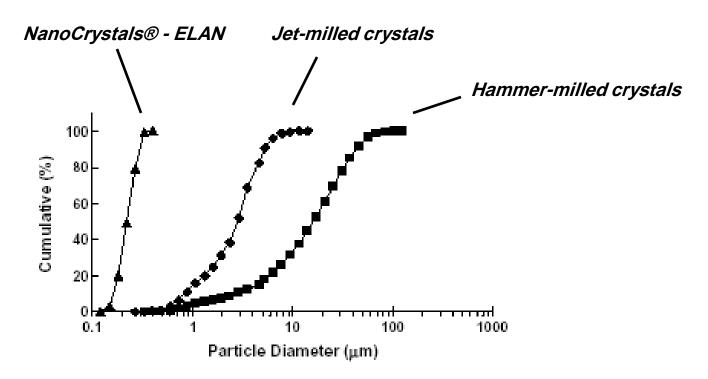
# NanoCrystals® - ELAN





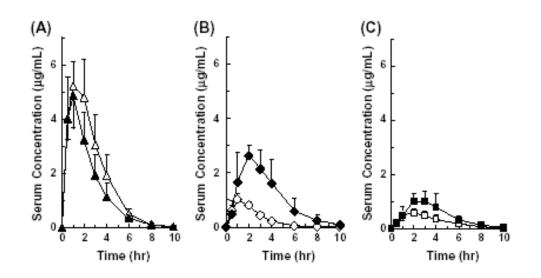
# **Nanoparticles**

#### Cilostazol, aqueous solubility: 3 µg/ml



# Lundbeck X

# Effect of particle size on bioavailability



Jinno et al., 2006

- ▲ △ NanoCrystals® fed/fasted
- ◆ ♦ Jet-milled crystals fed/fasted
- ■□ Hammer-milled crystals fed/fasted



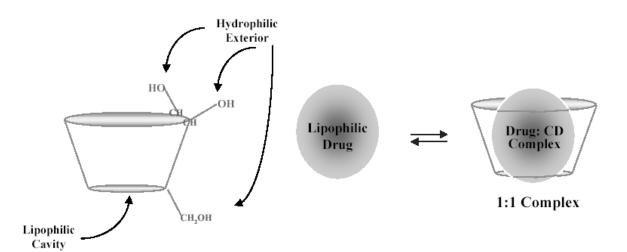
## Size reduction: disadvantages

- ★ Additional processing step, impact on CoGs
- Scale up not trivial
- Energetic process can introduce physical changes
  - ★ Milling and particularly micronisation can introduce amorphicity
  - ★ Wet bead milling may lead to stability issues
    - ★ Chemical, e.g. hydrolysis
    - ★ Physical (polymorphic changes)
    - ★ Microbiological



## Complexation/cyclodextrins

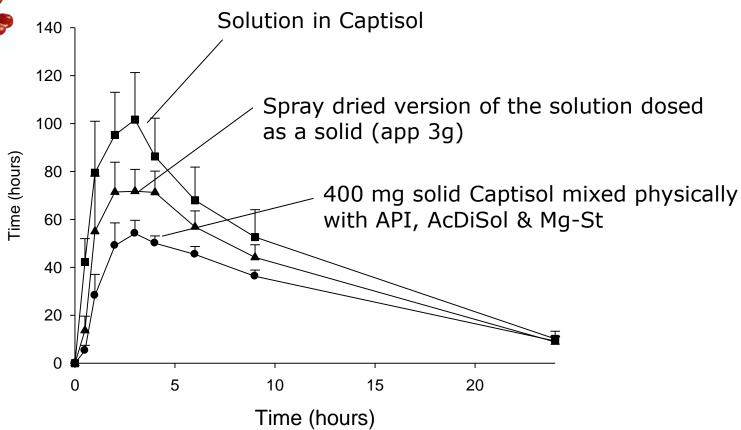
- ★ Solubilisation of API through formation of inclusion complexes
  - ★ At 1:1 complexes a large amount of CD required => large tablets, impact of CoGs
  - Royalty payment (for HPβCD and SBEβCD)
  - ★ Enhances chemical stability





## The power of CD's

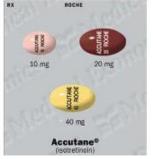




# Commercial Lipid based formulations

Lundbeck X

- ★ Accutane (Isotreinoin)
- ★ Marinol (Dronabinol)
- ★ Vesanoid (Tretinoin)
- ★ Sandimmune (Cyclosporine)
- Neorale (Cyclosporine)
- ★ Norvir (Ritnavir)
- ★ Fortovase (Saqunovir)
- ★ Gengraf (Cyclosporin)







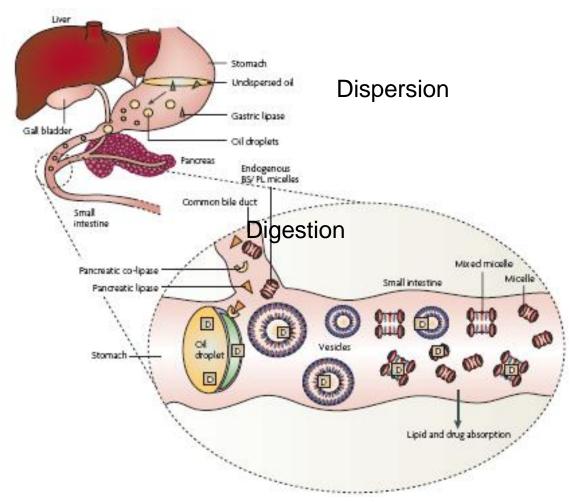








# Dispersion and digestion of lipids



# Lundbeck X

# Liquid filled capsules (soft and hard)

- Advantages
  - ★ Improved bioavailability
  - More rapid rate of absorption
  - ★ Lower PK variability
  - Can overcome food effects
  - ★ Distinctive commercial image



- ★ Disadvantages
  - ★ Specialized filling equipment (slower than tablet production)
  - ★ Excipients variability
  - ★ Oxidation issues due to excipients
  - X-linking of capsules may cause dissolution issues
  - ★ Low solubility in water ≠ high solubility in lipids





### **Amorphous strategies**

★ Significant enhanced exposure can be attained from the amorphous form as the key constraint of lattice energy of the crystalline state is overcome

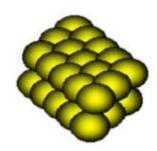
# **Amorphous** compounds

Solids with no orientation or positional long-range order



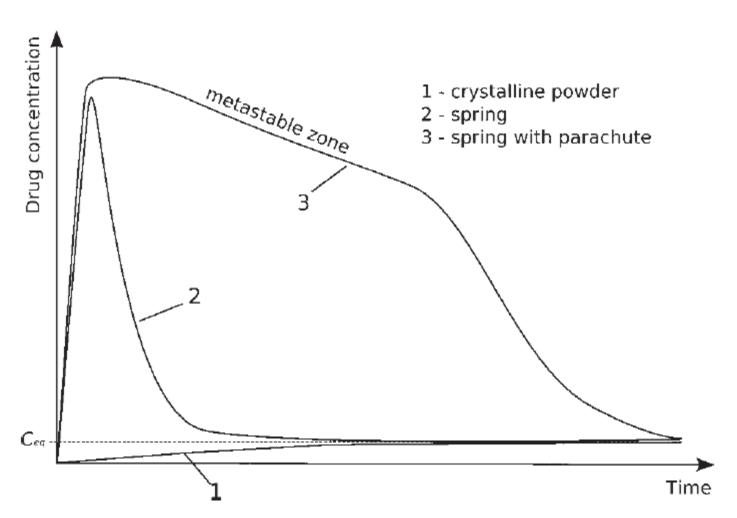
# **Crystalline compounds**

Solids with orientation and positional longrange order in three dimensions





## The parachute profile





## How parachute excipeints works

- Reducing the degree of supersaturation by increasing the solubility
- Increasing the viscosity, resulting in a reduced molecular mobility and diffusion coefficient
- Changing the adsorption layer at the crystal medium interface by, for example, adsorbing onto the crystal surface thereby hindering crystal growth



### Parachute excipients

- ★ Some polymers can increase the solubility, but their precipitation inhibition is most likely the result of direct interference of the polymer with nucleation and/or growth rate
  - ★ Cellulose derivatives (MC, HPC, HPMC)
  - ★ Vinyl polymers (PVA, PVP, PVPVA)
  - ★ Ethylene polymers (PEG)
- ★ Surfactants may completely solubile the drug, but also delay precipitation
  - ★ SDS, vitamine E-TPGS, Tween 20, & 80, Cremophor RH40
- Cyclodextrin, increases the solubility through complexation



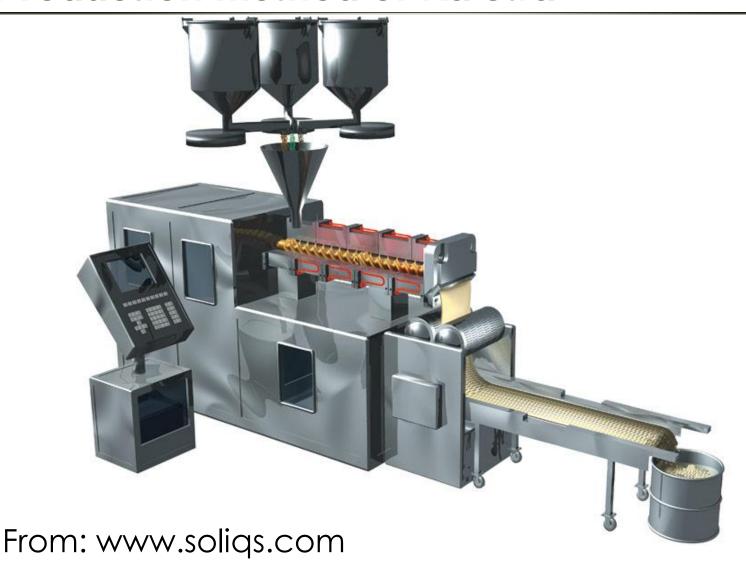
#### Kaletra – a commercial examle

- Ingredients
  - ★ Ritonavir and Lopinavir (API)
  - ★ Sorbitan laurate
  - ★ Hydromellose
  - ★ Hydroxypropylcellulose
  - **★** Talc
  - ★ Macrogol
  - ★ Sodium stearyl fumerate
  - ★ Silica
  - Copovidone



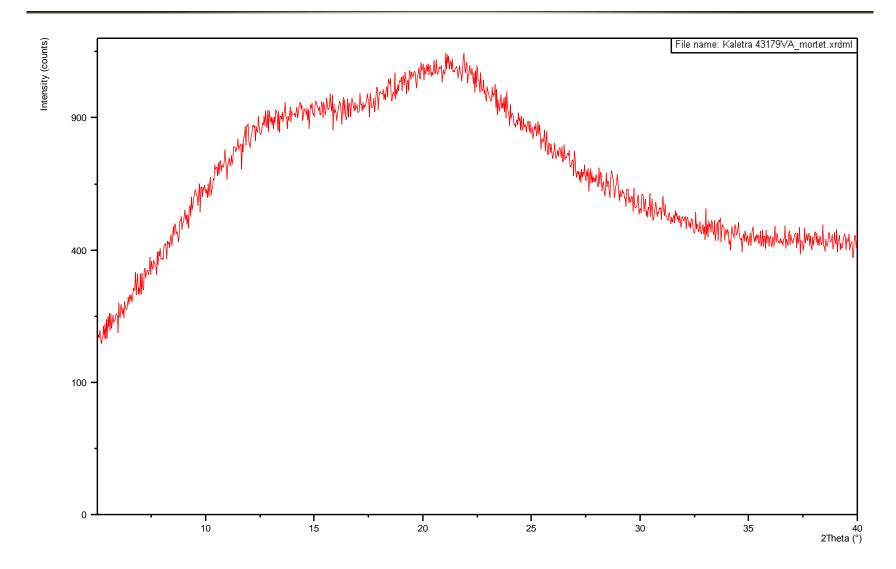


#### **Production method of Kaletra**



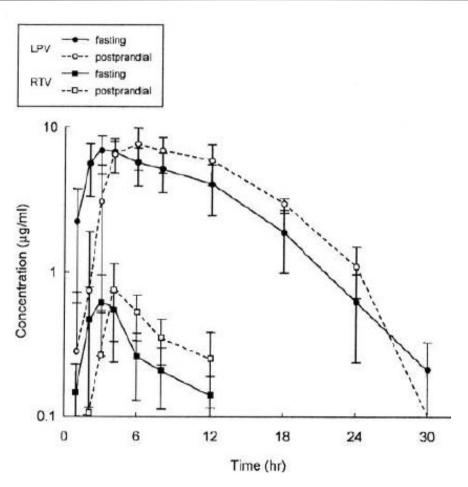


#### **XRPD** of Kaletra





#### Kaletra in humans





# Issues with Solid Solutions/dispersions: chemical stability

- ★ Factors impacting the chemical stability are:
  - ★ High molecular mobility of water acting as plasticiser
  - Greater reactibity of amorphous state
    - ★ Greater impact of excipient and processing impuritis on stability



# Issues with Solid Solutions/dispersions: physical stability

- ★ The single most importan factor limiting the use of amorphous state is inadequate physical stability
  - Caused by higher mobility
  - ★ Thermodynamic properties of the amorphous state
  - Recrystallisation leads to loss of bio-enhancement
  - Measurement of amorphicity/crystallinity not trivial and method dependent





Parameter	Hot melt	Spray drying	Freeze drying
Econimics	+++	++	+
Processing complexity/time	+++	++	+
Continious processing	+++	++	+
Heat labile compoinds	+	++	+++
Shear labile compounds	+	++	+++
Bioenhancement	++	+++	+++
Scale up	+++	++	+
High doses	+++	+	+



#### Final remarks

- A number of different formulation strategies exists for low soluble compounds
- No single preferred method needs to be tailored with the compound
- ★ What worked 10 years ago may not work now

